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## In the Claims

1. A method of making a carbon foam material comprising providing a carbon foam precursor,

heating said carbon foam precursor to remove a portion of the volatiles therefrom and create a partially devolatilized precursor extract,

effecting said heating in an inert gas environment in a sealed vessel,

cooling said devolatilized coal extract,
converting said devolatilized extract into a powder,
introducing said powder into a sealed vessel,
foaming said devolatilized coal extract in said vessel by
heating it at a pressure of less than about 20 atmospheres, and
cooling said foamed material.

- 2. The method of claim 1 including effecting said foaming in an inert gas environment.
- 3. The method of claim 1 including effecting said partial devolatilization under an inert gas environment.
  - 4. The method of claim 1 including effecting said foaming under an inert gas environment.
- 5. The method of claim 1 including effecting said foaming at a pressure of about 0.5 to 1.5 atmospheres.
- 6. The method of claim 5 including
  effecting said foaming at a temperature of about 330° to 600°
  for about 1 minute to 6 hours.
- 7. The method of claim 6 including effecting said heating to devolatilize said carbon foam precursor to a temperature of about 100° to 720°C.
  - 8. The method of claim 6 including

creating said devolatilized carbon foam precursor powder with a size of about 10 to 325 mesh.

- 9. The method of claim 1 including
  effecting by said partial devolatilization of said carbon foam
  precursor alteration of the fluid nature of the matrix of said heated carbon foam
  precursor.
  - 10. The method of claim 1 including employing bituminous coal as said carbon foam precursor.
  - 11. The method of claim 1 including employing coal extract as said carbon foam precursor.
- 12. The method of claim 11 including
  employing a material selected from the group consisting of deashed coal extract and un-ashed coal extract as said carbon foam precursor.
  - 13. The method of claim 1 including employing mesophase pitch as said carbon foam precursor.
- 14. The method of claim 1 including employing petroleum based pitch as said carbon foam precursor.
- 15. The method of claim 1 including
  effecting by said partial devolatilization removal of a portion
  of the internal blowing agent from said carbon foam precursor.
- 16. The method of claim 1 including after said partial devolatilization, but before said foaming, storing said devolatilized powder.
- 17. The method of claim 1 including after said devolatilizing, but before said foaming, oxidizing said powder.
  - 18. The method of claim 3 including employing stagnant inert gas as said inert gas environment.
  - 19. The method of claim 3 including

employing flowing inert gas as said inert gas environment.

- 20. The method of claim 4 including employing stagnant inert gas as said inert gas environment.
- 21. The method of claim 4 including employing flowing inert gas as said inert gas environment.
- 22. A method of making a carbon foam material comprising providing a carbon foam precursor, creating a powder of said precursor,

heating said powdered carbon foam precursor at a pressure of about 0.5 to 1.5 atmospheres at a temperature of about 20° C to 500°C for about 1 minute to 72 hours to effect oxidation thereof,

heating said oxidized carbon foam precursor in an inert gas environment at a pressure less than 20 atmospheres to a temperature of about 330°C to 600°C to foam said powdered precursor, and

cooling said foam to room temperatures.

- 23. The method of claim 22 including effecting said foaming an inert gas environment.
- 24. The method of claim 22 including employing bituminous coal as said carbon foam precursor.
- 25. The method of claim 22 including employing coal extract as said carbon foam precursor.
- The method of claim 22 including
  employing a material selected from the group consisting of deashed coal extract and un-ashed coal extract as said carbon foam precursor.
- 27. The method of claim 22 including employing hydrogenated coal extract as said carbon foam precursor.
- 28. The method of claim 22 including employing hydrogenated coal extract as said carbon foam precursor.

- 29. The method of claim 22 including employing mesophase pitch as said carbon foam precursor.
- 30. The method of claim 22 including employing petroleum based pitch as said carbon foam precursor.
- 31. The method of claim 22 including
  effecting said carbon foam precursor oxidation in the presence
  of at least one material selected from the group consisting of water and steam.
  - 32. The method of claim 22 including devolatilizing said precursor prior to said oxidation.
- 33. The method of claim 22 including creating said precursor powder in the range of about 10 to 325 mesh.
- 34. The method of claim 22 including after said oxidation, but prior to said foaming, storing said oxidized precursor.
- 35. The method of claim 22 including effecting said foaming at a pressure of about 0.5 to 1.5 atmospheres.